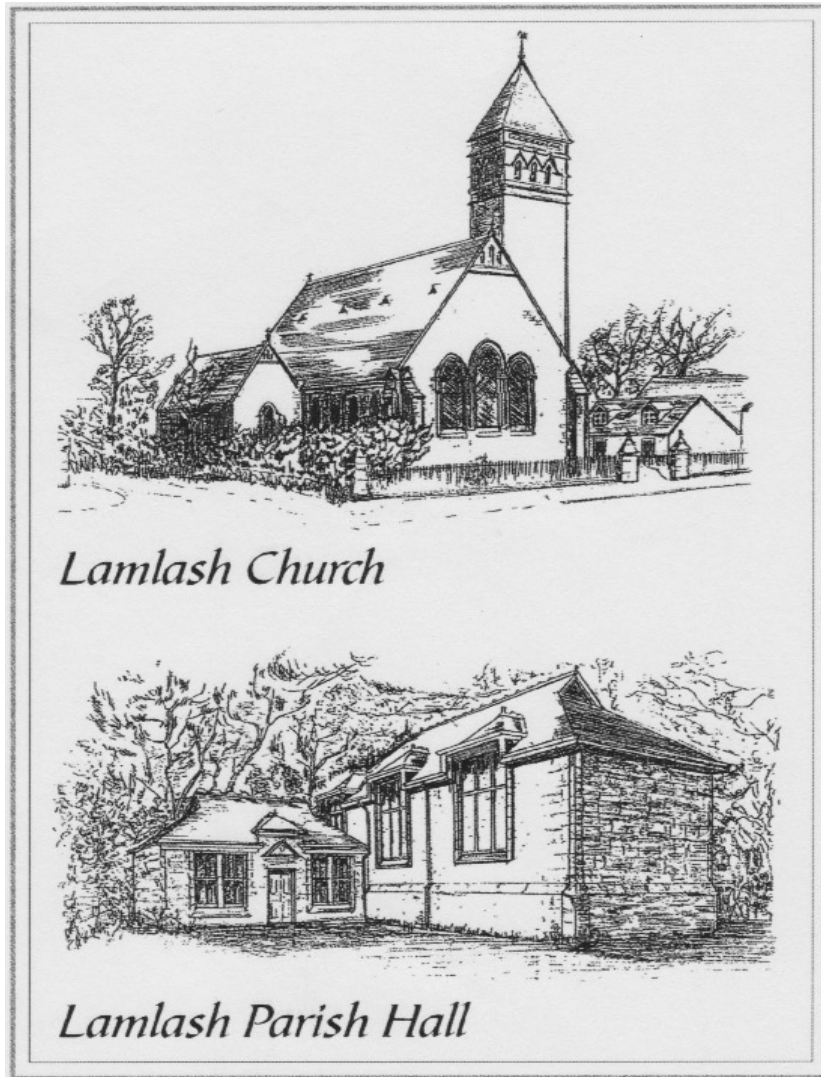


Lamlash Parish Church Newsletter



Artist: Ravey Sillars

Summer 2020

www.lamlashkilmorychurch.co.uk

Table of Contents

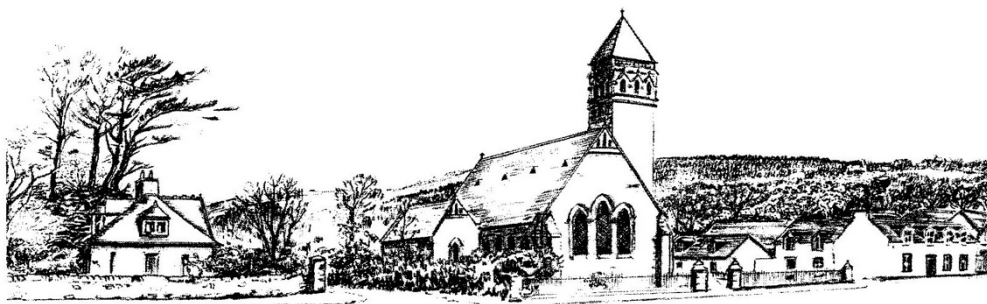
PASTORAL SUPPORT	3
A WORD FROM THE MANSE	4
SESSION CLERK REPORT	6
REV JOHN WEBSTER	7
WHAT IS PRAYER?	8
REV JACK PATERSON	9
CROSSREACH	10
MARY'S MEALS	11
ROBERT MARR - FROM ANNAN	12
JULIA LE MASURIER	14
NUN'S PRAYER	15
PROTECTION	16
GOD IN THE ARTS	17
TIME BY MORAG CAMPBELL	18
MESSY CHURCH	22
BIBLE STORIES	23
POOR RELIEF - IAIN AULD AND MORAG CAMPBELL	25
GOD IN THE SCIENCES	29
THE GENERAL BY JIM HENDERSON	28
THE JOURNEY BY MORAG CAMPBELL	32
PUZZLES	36
FOODBANK	38
EDITOR'S NOTE	39



Lamlash Church
at the heart of the community,
with the community at its heart.



We are all in this together.
Call Rev. Lily McKinnon on 600047
for any pastoral support.



Lamlash Church, Isle of Arran

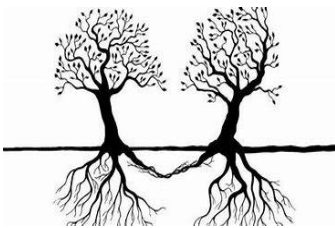
*Lamlash
Isle of Arran*

A WORD FROM THE MANSE

Dear Friends

".... I kneel before the Father, from whom every family in heaven and on earth derives its name. I pray that out of His glorious riches He may strengthen you with power through His Spirit in your inner being, so that Christ may dwell in your hearts through faith. I pray that **you**, being rooted and grounded in love, may have power, together with all the people of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God." EPHESIANS 3.

This is part of Paul's prayer for the church at Ephesus. I offer it here as my prayer for OUR church...for each one... and for all of us together in these strange and difficult times. We are not alone.



... we are rooted and grounded in love with Him and with one another.

There are times in life when we just don't know what to do! We are not alone in that either! Remember Peter! In John's Gospel chapter 21, by the sea of Galilee, soon after the resurrection, Jesus appears again to His disciples. Confused and fearful, the bold and blustering Peter did not know what to do! His reaction to this life-changing moment is, "I am going fishing."
The other disciples quickly jump on the band wagon saying, " We will go with you."
When they don't know what to do, they do what they know!

The Corona virus has changed our lives in ways we would never have thought possible. Week after week, we are separated from one another. We don't know what to do! We can be like Peter – we can go back to what we know. We know we are saved by grace. We know we are one in Christ. We know we are united in prayer. We know we have the power of prayer. We know that "our heavenly Father watches over the tiny sparrow. Are you not of more value than they?" Matthew 6:26.

In our isolation, we can go back to what we know. We have so much more time to spend in prayer and in the study of God's Word! Sometimes we can't get the words out of our mouths and this can make us feel worthless as Christians. Often, I hear people say, "Why would God be interested in MY prayers? I am nothing." Dear friend, to God YOU are everything. He loves us beyond our wildest dreams! He loves us all the way to the cross! He loves us beyond the cross to resurrection glory! He loves us! When we feel we don't have the "right" words to pray, I invite you to simply say,

"I love you, Lord, because You first loved me!"

Go back to what you know! We are rooted and grounded in the vastness of God's love. We are rooted and grounded in His infinite grace. We are rooted and grounded in Christ for all eternity.

*"Let not your heart be troubled," His tender word I hear,
And resting on His goodness, I lose my doubt and fear;
Though by the path He leads me, but one step I may see;
His eye is on the sparrow, and I know He watches me."*

We do not know when it will be safe to be together again. We cannot see the whole pathway. In faith we continue one step at a time knowing we are rooted and grounded in God's extravagant, watchful love!

So, my dear friends, my brothers and sisters in Christ, for this reason, I get down on my knees before the Father. I pray you may know His unchanging love. "Reach out and experience the breadth! Test its length! Plumb the depths! Rise to the heights! Live full lives, full in the fullness of God. To Him who by means of His power working in us is able to do so much more than we can ever ask for, or even think of: to God be the glory in the church and in Christ Jesus for all time, forever and ever! Amen. The Message Ephesians 3. Stay safe. Stay grounded. With Love and prayers Lily

TENURE

My tenure as Minister of Kilmory linked with Lamlash has been extended. I have been asked to retire at the beginning of April 2021. At that time there will be no Church of Scotland ministers in post on Arran. Graeme and I intend to remain on the island and I hope to be available to minister in a part-time basis as Locum for as long as possible during the vacancies. Please pray for those making decisions and for the exciting opportunities and possibilities God has for all of us in this time of change.

Lily

Report from our Session Clerk



At last the operatives from Wise Property Care are able to come to carry out the dry-rot treatment in the church, and two of them plan to work in the church on 25th and 26th May.

Work will have to be done to improve under-floor ventilation, and to replace the pews. When this is being done, the pew which carries the hymnbooks will not be replaced. This is to provide access for up to 3 wheelchairs. It's an ideal position, being close to the door.

(If anyone has a use for a spare pew, please discuss terms with Ian Watt!)

Once the dust has settled (literally), Arran Cleaning Services will do a thorough clean. The church has not been used since 12th January, long before 'lockdown'. In June, it has been agreed that the church bells be rung on Thursdays in support of the NHS, and in thanksgiving for their efforts. Our bells are, of course, versatile enough for suitable music to be played for the short time.

Now, of course, we are governed by the decisions of the central church in relation to church use and for the time being we cannot have services in either the Church or the Church Hall.

Ian Watt

LOCKDOWN and LOCKED DOORS

In this period of Political lockdown and social isolation, I recall the Disciples on the first Easter Sunday behind "Locked Doors", (St John 20¹⁹), in fear, when the Spirit, promised by Jesus, came amongst them!



Friday's crucifixion and Saturday's burial had left them bewildered and desolate in "lockdown" and, then, late on Sunday evening, all was changed!

I simply want to suggest that currently we are experiencing the Disciples desolation of Easter Saturday when there seemed to be no good end in sight for them!

We are experiencing an extended "Easter Saturday" and there seems no end to our "Lockdown"!

But we too will be "set free". Challenges will remain, as they did for the early disciples, and it is suggested that we will be energised, as we have been during the crisis, as a thoughtful, kinder, considerate and more grateful people!

My fear is that we revert to where we were before with a "me, my & mine" philosophy. Hospital workers and carers, in general, will remain poorly paid, unrecognised and overlooked with attitudes, in general, remaining unchanged.

The disciples went out from the "lockdown" changed men to make the proclamation everywhere! (Mark 16²⁰).

They didn't remain behind their locked doors and neither must today's Church! Inspired by the same Spirit, may we go out, through unlocked doors with renewed gospel power, to proclaim in, word and deed, the good news of conversion to a life of Service and to Life in all its fullness!

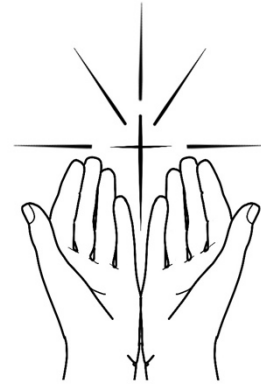
There could yet be a blessing in apparent tragedy!!

Rev John Webster

What is Prayer?

'Prayer is conversation with God.
You don't need to use special words or a special voice. You can pray out loud or silently. God knows what you think and is aware of all you do. You can talk to Him about anything'

<https://www.trypraying.co.uk>



I'm sure many of you know that already but it's good to remind ourselves that prayer isn't a ritual or formula you have to get right. It's just about talking to your Heavenly Father who always responds because He is faithful and wants us to come to Him in prayer.

Our weekly, fortnightly and monthly prayer meetings came to an end at the start of lockdown and we don't know as yet, when they may resume.

However, we can still pray where we are on our own and there are a number of resources we can use to help us focus our prayers especially if you are online. For those who aren't, the daily newspapers and radio and TV news all give plenty of material that we can pray about.

We may not be able to meet together bodily but on a Monday at 7pm we can join together in spirit to pray for our nation at this time. And for those who have specific prayer requests please phone either Lily (600047) or Aileen (700535) who will pass on any request to the Prayer Chain who pray faithfully for each one that comes in.

Aileen Brookens

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The good thing about prayer is that there's only one way to go wrong,  
and that's *not* to do it.

If prayer at its simplest level is listening to God and talking to Him,  
you don't need long books to tell you how to do it. - *Anon*



Prayer connects us with the limitless power of God  
as a plug connects us with electricity – so plug in!



## Life after Covid.

Lots of people are indicating that 'Life will not be the same again after lockdown etc is eased'!

It certainly has been, and is, quite something!

However, "The Lord will reign for ever and ever" (Exodus 15.18), and, surely, it is greatly comforting to have this reassuring sense, of His Presence in and through it all, over and around us!

I say this with a deep awareness of what everyone has been going through, especially those who have been and are experiencing great distress through illness, bereavement, economic insecurity and anxiety.

Personally, I have been very conscious of St. Paul's words, in Romans 8.18, "I consider that the sufferings of this present time are not worth comparing with the glory that is to be revealed to us". God reigns, and it is all going somewhere in creativity and blessing.

In addition, "He who sat upon the throne said, "Behold, I make all things new". (Revelation 21.5.). Words of the Ascended Christ! Newness is so often at the heart of divine activity, turning even the bad things we encounter into good and great.

So, with this in mind, what might the 'things will never be the same' mean, not least for Christ's Church, in Kingdom terms?

Despite some cynicism, there is a broad hope that we might emerge to a fairer, more just, world and society, in ways that will have environmental significance, narrowing the gap between rich and poor, and recognising who really are great and necessary parts of our society, hoping that medical and care workers will find new recognition.

In Church terms, aware of how many have been and are, praying for Renewal and Revival for the Church, it would seem that, out of all this, we could be beginning to discern, that 'things can ever be the same again', indicating the need to discover fresh ways for worship, communication and service, moving from established inward looking perspectives, to something much more outward, seeking God's Word through the voices of others in the community around us, cooperating with 'other denominations' etc etc.



There is certainly a fresh awareness of so much that can be achieved via internet and other channels, and I have certainly found that, in the virtual Sunday Services, there has been provided a real opportunity to worship, including a sense of other people, even though not visible. There is the story of the old lady who, at the introduction of new Bible versions, said that if the AV 'was good enough for St.Paul, it's good enough for me!' Sunday Schools, as such, have been in existence for a bit over 100 of the Church's 2000+ years. A basic principle of our Church is the sense of Semper Reformanda, 'always in NEED of reform!'.

God is always at work pointing us to new and creative things.

God Reigns!

*JHP.*

## *COVID-19 Emergency Appeal*

The COVID-19 pandemic is affecting everyone and frontline care services face unprecedented challenges. The impact of COVID-19 means CrossReach residents can no longer receive visits during this worrying time. Staff are also under immense pressure as they continue to provide vital support in CrossReach's residential and non-residential services. The organisation has also been hit hard by the suspension of normal fundraising activities due to Coronavirus.



The CrossReach COVID-19 Emergency Appeal has so far raised more than £230,000 to help support the charity through the crisis. To support visit:

[www.crossreach.org.uk/news/crossreach-coronavirus-covid-19-emergency-appeal](http://www.crossreach.org.uk/news/crossreach-coronavirus-covid-19-emergency-appeal)

## *Digitally connecting thanks to overseas churches*

Two overseas churches have donated more than £29,000 to CrossReach's COVID-19 Emergency Appeal. The Evangelical Church of Westphalia in Germany donated £17,596 while the Presbyterian Church in Taiwan has pledged £12,065.

CrossReach has invested heavily in digital technology that will allow care home residents to connect with loved ones and will help to provide staff with the resources needed during the pandemic. These generous gifts are greatly appreciated and will make a real difference.



Read the full story at:

[www.crossreach.org.uk/news/overseas-partners-make-generous-gifts-to-crossreach](http://www.crossreach.org.uk/news/overseas-partners-make-generous-gifts-to-crossreach)

## *In conversation at Heart & Soul*



With this year's [Heart & Soul](#) taking place online, Viv Dickenson, Chief Executive Officer of CrossReach joined BBC Health correspondent Hugh Pym and Professor Jason Leitch, National Clinical Director of the Scottish Government, to discuss the impact the Coronavirus Crisis on Health and Social Care. "Staff have been fantastic...I've been constantly amazed as people rise to the challenges" (Viv Dickenson, CEO of CrossReach) You can watch the full interview on the CrossReach Vimeo Channel: [vimeo.com/420251397/1911b8bea0](https://vimeo.com/420251397/1911b8bea0)

## *Get creative!*

If you live close by a CrossReach service, why not get creative with your children and draw a picture to send in to encourage residents in isolation and the staff that are providing their care.

Find a service closest to you: [www.crossreach.org.uk/our-locations](http://www.crossreach.org.uk/our-locations)



**Mary's Meals** founder, Magnus MacFarlane-Barrow, has recorded a message of hope for churches to share during lockdown. [https://youtu.be/h9e\\_zhu98HY](https://youtu.be/h9e_zhu98HY)



Filmed outside the shed in Argyll where Mary's Meals began, Magnus calls for people to stay faithful to its mission to feed hungry children living in some of the world's poorest countries.

More than one million of the children who usually eat Mary's Meals at school will receive our nutritious food at home, despite the immense challenges caused by the Covid-19 pandemic.

All around the world, classrooms have closed and homes have become places of learning. As a result, we have had to find new ways to safely reach the hungry children who rely on Mary's Meals.

Our food is already being distributed in villages in Kenya for parents to collect and take home to their children and this approach will soon be mirrored in Malawi and Zambia, ensuring we adhere to public health policy.

New ways of feeding have also been agreed for India and Haiti, and we are having urgent discussions with governments and community leaders in the other countries where we work to ensure we can safely reach hungry children in these extraordinarily difficult circumstances.

Thank you for everything you do to help us keep our promise to the children we feed, particularly at a time when people here in the UK are also facing many challenges. Your donations, prayers and support are appreciated - and needed - now more than ever.

*It costs just £15.90 feeds a child for a whole school year - Ed*



## **Letter from Annan not Arran!**

We have settled into village life here in Dumfries & Galloway.

It has been an 'interesting' time since we departed from Arran in September. We bought a former farm cottage in Brydekirk (3 miles inland from Annan and the Solway coast.) It is at the edge of the village, overlooking the River Annan and surrounded by woodland & country walks.

Furniture went into storage while the renovation of the cottage to a more habitable state was done, staying up in Moray in Stephen's cottage.

We were welcomed by the community and church in Craigellachie over the winter, catching up with old friends and meeting new ones, while continuing to do bible readings in church when required. We also met up with Rev Bill Ross and Maureen, who are living in Buckie.

Early February we came to the cottage supposedly for two weeks to check on progress, and order bathroom, kitchen etc, and meet the local people in the village, but we stayed on for 6 weeks living in the campervan, painting and decorating the cottage behind the workmen, and we have never left!



Robert turning his hand to drystone dyking – oh how we miss his skills!



We designed, and Robert built the new kitchen. Cottage was ready. Shower room was finished, all decorating done, and the carpets and flooring down, ready for the furniture. Then lockdown happened, and our furniture had to stay in storage, so we are living in the house with a coffee table, new snuggler chair for two, and sofa, and a blow-up bed to sleep on. We had bedding, crockery & cutlery in the camper. The weather has been a blessing as we have been working in the garden, which is now taking shape, so we don't miss our furniture too much yet.

Like Lamlash, Brydekirk is a linked parish with St Andrews, Annan. Our minister, John Pickles, records a weekly service which we watch along with Angus & Jean's service from St Molios, Shiskine. We hope and pray there is an end to the current 'lockdown soon, and life can return to some kind of normality, whatever that may be. God bless and best wishes to you all! **Robert & Lindsey Marr**



Presentation 15 Sept 2019  
Rev Lily, Robert & Lindsey



Nathaniel Joseph born 1/4/20  
Still to meet their new grandson!

## A message from Julia le Masurier from Fife.

As I left so quickly without managing to say goodbye to many church friends, Alison invited me to write something for inclusion in this Newsletter. I have to start by saying,  
I always thought that I would spend the rest of my days on Arran.



I moved to Arran at my daughter Jane's request and for personal reasons on both sides. Very sadly, my son-in-law died the week after I arrived on Arran. After some time, Jane decided to move to Glenrothes and asked me to go as well. Her father also moved to Glenrothes around that time, but I had a good life on Arran and did not want to move to have to start all over again.

Out of the blue I changed my mind! Why?

It can only have been God. As time passed the more I wanted to leave Arran, I talked to God about it; if He wanted me to move I would, if God wanted me to stay I would because the most important thing is to remain in God's Will. I knew that if God wanted me to move, He would open the way and that's what happened!

I moved to Markinch and live a short walk from Jane's home. My flat here is smaller and upstairs but I am enjoying it. I feel quite contented and at peace as I truly believe this is where God wants me to be.

I walk Mick for miles in the nearby Country Park – it's just 5 minutes away.

I look forward to when I can go to church and enjoy Christian fellowship again. Until then there is much bible study, worship and good preaching to be found on-line and on YouTube.

I wish you all well, to keep staying safe with God through Jesus.  
As in Proverbs

*"Trust in the Lord with all your heart and lean not on your own understanding.  
In all your ways acknowledge Him and He will direct your path".*

*Julia*

## 17th Century Nun's Prayer

Lord, thou knowest better than I know myself

that I am growing older and will someday be old.

Keep me from the fatal habit of thinking

I must say something on every subject and on every occasion.

Release me from the craving to straighten out everybody's affairs.

Make me thoughtful, but not moody: helpful, but not bossy.

With my vast store of wisdom, it seems a pity not to use it all,

but thou knowest, Lord, that I want a few friends at the end.

Keep my mind free from the endless recital of details;

give me wings to get to the point.

Seal my lips on my aches and pains.

They are increasing, and love of rehearsing them is

becoming sweeter as the years go by.

I dare not ask for grace enough to enjoy the tales of other's pains,

But help me to endure them with patience.

I dare not ask for improved memory,

but for a growing humility and a lessening cocksureness

when my memory seems to clash with the memories of others.

Teach me the glorious lesson that occasionally, I may be mistaken.

Keep me reasonably sweet;

I do not want to be a saint - some of them are so hard to live with –

but a sour old person is one of the crowning works of the devil.

Give me the ability to see good things in unexpected places,

and talents in unexpected people.

And give me, oh Lord, the grace to tell them so.



## Protection

It's Thursday at 8pm.

I'm standing clapping in recognition of the NHS, the care workers and all of those putting their own lives at risk during this pandemic when I spot the Trident submarine lurking in the waters around Holy Isle. It sends a shiver down my spine. The sinister, slinking death machine which patrols in our waters offering "protection".

I keep clapping though, because I am so appreciative of our support workers; I feel it would be wrong not to be showing my support. I have family, friends and neighbours who work for the NHS - I know the personal sacrifices and dedication.

**£205 Billion** for the Trident replacement. I read this comment on-line:-

*"We can make giant mechanical whales, that can swim around the world to launch enough poison to incinerate millions of other people, in cities hundreds of miles from the sea. Yet we can't provide a plastic face shield to a nurse during an entirely predictable health emergency."*

The Church of Scotland's position is quite clear on nuclear weapons:

"Nuclear weapons are indiscriminate in their impact and the disproportionate scale of suffering that they are capable of unleashing makes them unjustifiable."

"Since 1983 the General Assembly of the Church of Scotland has held the position that nuclear arms are by nature morally and theologically wrong. In 2015 the General Assembly reaffirmed the Church's position that the ownership of, use of and threat to use nuclear weapons are inherently evil and stated its support for an international Nuclear Ban Treaty."



"Attempts to sustain peace through the threat of indiscriminate mass destruction could not be further from the peace to which Christ calls us. It is vital that the UK demonstrates the sort of change it wants to see in the world; building peace through strong and courageous leadership and not by commissioning more nuclear weapons"

~~~~~

One of the world's largest arms companies, BAE Systems is coming on board to create parts for ventilators and face masks to tackle the Covid-19 crisis.

The same company who has made a staggering £15 billion from the sale of weapons and services sold to Saudi Arabia. Homes in the Yemen were destroyed by coalition airstrikes.

The Supreme Court in London ruled last year the UK Government had illegally signed off on arms exports without properly assessing the risks to civilians.

Perhaps some prayerful reflection on our priorities for protection might be appropriate in the days ahead?

AP



God in the Arts

By Revd Michael Burgess



‘He gave us eyes to see them’: early Persian painting of Jonah and whale

The prophet Jonah is mentioned three times in the Gospels when Jesus refers to ‘the sign of Jonah.’ In the Old Testament he was swallowed by a large fish, traditionally a whale, and in its belly for three days and three nights. It is easy to see in that sign a reference to the death and resurrection of Jesus, but the book is also a powerful allegory of life. The prophet runs away from God, only to encounter a storm and possible shipwreck. He is thrown overboard and swallowed by the whale.

We are living through difficult and anxious days with the coronavirus: we seem to be surrounded by fear and danger, like Jonah. Where, we ask, is our hope and safety amid the storm and threat of breakdown? In his distress Jonah prays to the Lord and places his trust in God. The psalm he utters ends with the words, ‘Deliverance belongs to the Lord.’ As he speaks, the whale spews him on to the safety of dry land.

The story of Jonah is depicted here in this beautiful painting from a 14th century manuscript from Persia. The whale is friendly and smiling, basking in the expanse of blue sea. Jonah is safe: his hope has triumphed, and God has delivered him from danger and possible death. In 1988 Heathcote Williams wrote a long poem called ‘Whale Nation’ in praise of these mysterious, gifted and intelligent creatures. We hunt them, we plunder the seas for them. But they are also our friends and guides, and it is easy to neglect those truths. The book ends with examples of whales and dolphins guiding ships and saving human lives. So, we, in the midst of all that worries and perplexes us, can give thanks to God our guide and Saviour, and pray that He will bring us safely through life.

~~~

☺ Smile line

Why couldn’t Jonah trust the ocean?  
He just knew there was something fishy about it.





## TIME by Morag Campbell

TICK – TOCK, the measured marking of time by the old grandfather clock. It whirred gently, clearing its throat before chiming the hour.

The baby gurgled with pleasure, clapping his fat hands together as he lay in his cot, unworried and unaware of time. Even though his days were punctuated by warm washes and satisfying suckling, time was unheeded. Unhurried, time passed.

Tick-tock, tick-tock, the smart executive clock, with its many dials, divided time precisely by month and day, by hour and minute and second. It urged the busy man on, ever on; faster, no flagging, no time for lagging, to stop and consider.

His associated repeatedly said "Time is of the essence" and he would nod sagely and glance at the small timepiece he carried on his wrist. Silent it was until timed to bleep a highpitched reminder to hasten; board meeting due, business lunch due, deadline for report due. He glanced again at this watch a few minutes later. Time had not registered, only the passage of minutes, the need to hurry, to scurry from one task to another, a trail of uncompleted business in his wake.

Tic-a-tic-a-tic-a-tic-a. On the mantle shelf sat the handsome square brass clock, embellished with his presentation plate. It marked his retirement from the hurly-burly of business life. But the tranquillity escaped him. Time was moving too fast.

There was not enough time to accomplish all the plans made when he had no time and when leisure was still a dream in the future. Now he sat and thought about what he might do and found another day had vanished. Can it be that time has accelerated its pace? Could it be that his perception of time as infinite had received a jolt as, one by one, his contemporaries found that time was no more? No longer could he indulge in passing time, the days and hours were too precious. Why had he not realised this before?

He moved the presentation clock of which he had been so proud into the unused guest room, so he would not hear its fast, desperate tick. He reinstated the grandfather clock.

TICK – TOCK, its sonorous heartbeat gave the illustration and comfort of time slowed down.

"Time like an ever-rolling stream  
Bears all its sons away,"

The mourners sang the familiar hymn lustily, heedless of the words, yet another funeral. The preacher, mindful of man's mortality, reminded the congregation that

"For everything there is a season and a time for every matter under heaven;  
a time to be born and a time to die."

In the strange times we now live in, locked in and isolated, time has become plentiful to many who never had "spare time". What an opportunity now to learn a new skill, discover a latent talent, for example, writing poetry or painting a portrait of your dog (or human friend!); to read that biography of a great life which was daunting when time was scarce. Some are learning to play a musical instrument via the internet and others have discovered inspiration from the library of books called the Bible.

Time is too valuable a commodity to be wasted.

~ ~ ~

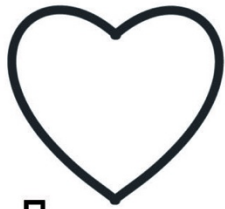


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ELAMENTATIONSPHILEMONOLHUMOE  
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SNUGENESISISAIAHANNIOUNNUMBERS  
PSALMSELEVITICUSIADSSJOELWCS  
JAMESKINGSLORDJOSHUA ACTS JESUS

**Can you find all these books of the Bible in the word search above?**  
Genesis • Exodus • Leviticus • Numbers • Deuteronomy • Joshua • Judges • Ruth  
• Samuel • Kings • Chronicles • Ezra • Nehemiah • Esther • Job • Psalms •  
• Proverbs • Ecclesiastes • Song of Songs • Isaiah • Jeremiah • Lamentations •  
• Ezekiel • Daniel • Hosea • Joel • Amos • Obediah • Jonah •  
• Micah • Nahum • Habakkuk • Zephaniah • Haggai • Zechariah •  
• Malachi • Matthew • Mark • Luke • John • Acts • Romans •  
• Corinthians • Galatians • Ephesians • Philippians •  
Colossians • Thessalonians • Timothy • Titus • Philemon  
• Hebrews • James • Peter • John • Jude • Revelation •



The fruit of The Spirit is...



love



joy



peace



kindness



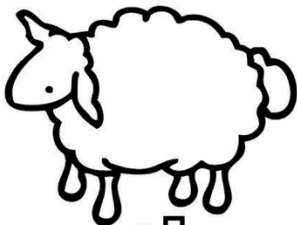
patience



goodness



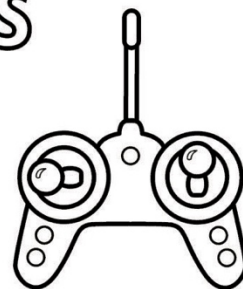
faithfulness



gentleness



Read Galatians 5:22-26



self-control





Artist: Jean Bowden

A balanced diet is chocolate in both hands!

Arran Skinnymalinks ran several "Weigh In" campaigns to raise funds for Mary's Meals.

Lamlash, Brodick and Shiskine churches kindly donated use of their halls.

Some folks weighed in with me at the Wednesday Coffee Morning  
and celebrated their loss with cake! ☺

I started off with "Donate a £ to lose a lb", moved on to "Roll away a stone for Easter"  
and kept going for several years with the help of Joan Stewart, Eileen Griffin and others.

Over the course of 5 years the weigh ins raised £5000 for Mary's Meals.

**Thank you** to everyone who participated! I'm not sure how many lbs we lost  
but we certainly fed a lot of starving children!

*Alison Page*  
Mary's Meals Ambassador  
Isle of Arran



Our second year of doing Messy Church for children and parents began last October with the story of Noah. Each month we had a different topic such as The Parable of the Good Samaritan, The Parable of the Sower and David and Goliath with each one including some teaching, a song often using our puppets, craft activities and of course always finishing with a meal and home baking. We finished this year with the Easter story just before the lockdown.

Again, we were blessed with a good number of children and parents for each session who thoroughly enjoyed the various activities. However, each event does take a lot of preparation and hard work but we have a great team who appear faithfully each month to get involved with the various tasks. Our plan is to restart in October but because of the present crisis we can only wait and see what transpires. Messy Church is for many, the only 'church' they attend and is an important outreach. We would therefore value your prayers at this time.

Rosskeen Parish Church in Alness is offering Messy Church on-line. Lamlash haven't attempted this - yet!!! If you have access to the internet check out the link below - Ed

<https://www.youtube.com/watch?v=1C18ybwxCgk>

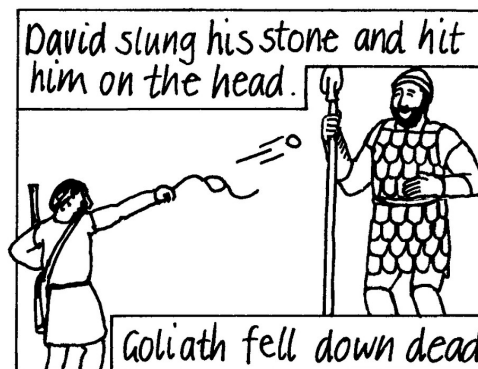
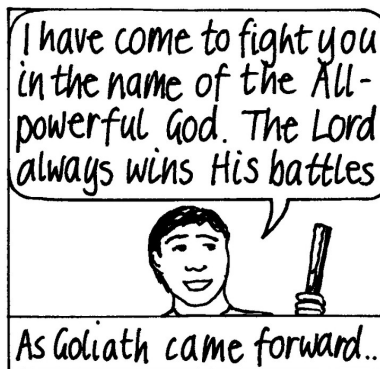
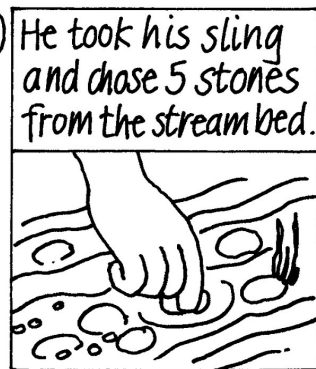
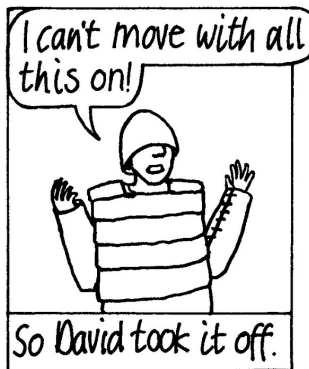
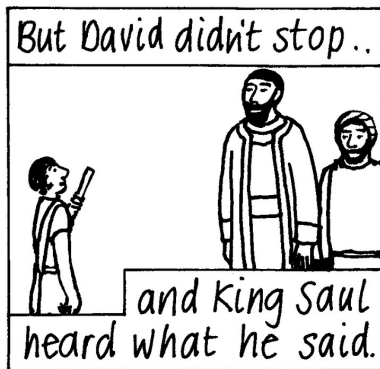
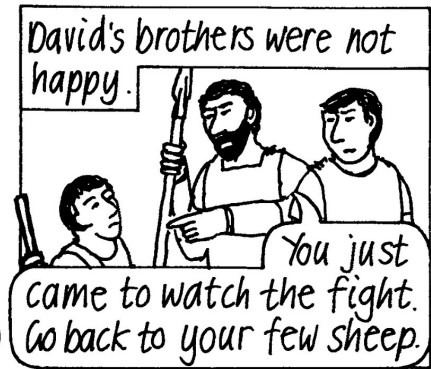


# Bible Bite

## A short story from the Bible

It can be read in the Bible in  
1 Samuel 17:1-50

The Philistine and Israelite armies  
faced each other. For 40 days, the gigantic  
Philistine champion, Goliath, taunted them..



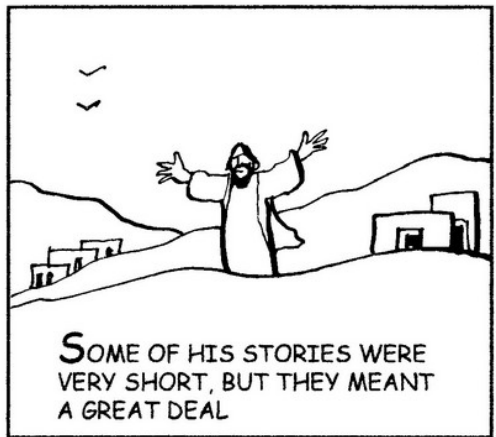


# The tale of the Mustard Seed & the tale of the Yeast

JESUS OFTEN TOLD  
STORIES WITH  
HIDDEN MEANINGS



SOME OF HIS STORIES WERE  
VERY SHORT, BUT THEY MEANT  
A GREAT DEAL



ONCE JESUS EXPLAINED HOW  
THE KINGDOM OF HEAVEN  
WAS LIKE A MUSTARD SEED

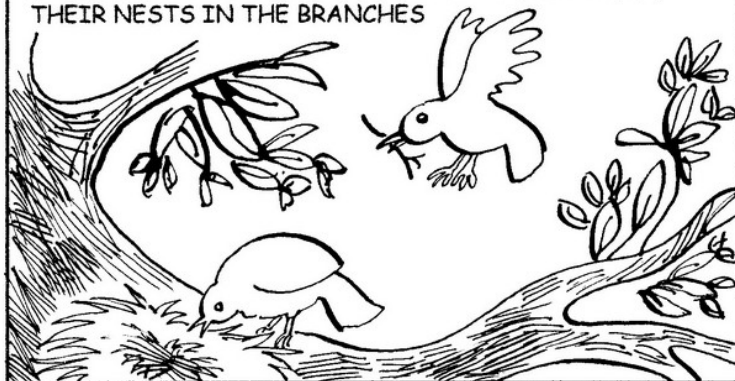


IT IS ONE OF THE SMALLEST  
OF SEEDS....



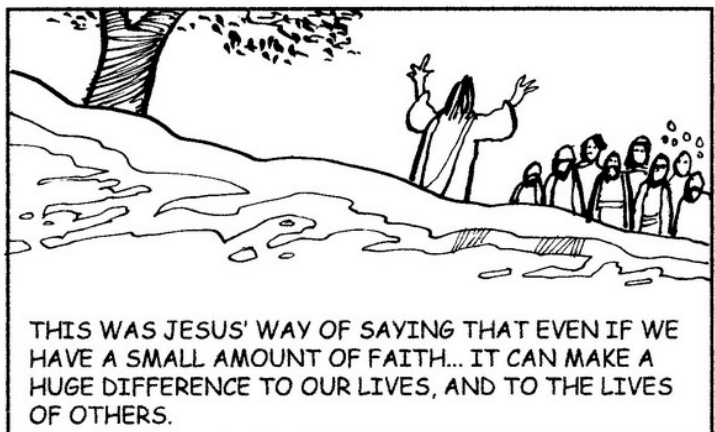
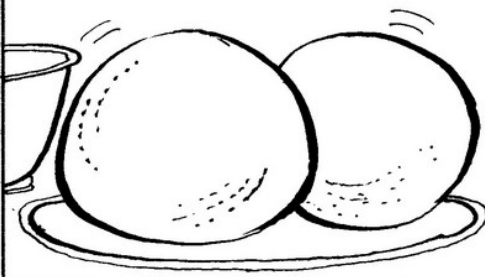
BUT WHEN IT GROWS UP IT IS  
THE BIGGEST OF ALL PLANTS

IT BECOMES A TREE, SO THAT BIRDS COME AND MAKE  
THEIR NESTS IN THE BRANCHES



JESUS ALSO EXPLAINED THAT THE  
KINGDOM OF HEAVEN IS LIKE YEAST.

EVEN THOUGH IT'S A TINY INGREDIENT,  
WHEN IT'S MIXED WITH THE FLOUR,  
THE WHOLE BATCH OF DOUGH RISES



THIS WAS JESUS' WAY OF SAYING THAT EVEN IF WE  
HAVE A SMALL AMOUNT OF FAITH... IT CAN MAKE A  
HUGE DIFFERENCE TO OUR LIVES, AND TO THE LIVES  
OF OTHERS.

## Poor Relief

***Iain Auld** carried out the research into creating this article based on Poor Law with great dedication during the latter stages of his illness and shortly before he died. Iain spent many hours in the Mitchell Library in Glasgow, digging out what was relevant to the Kilbride Parish area and beyond. Some of the names cited may be recognised by longstanding Arran residents.*

*Beginning circa 1845, Iain searched the Arran archives. He provides an illuminating picture of hard times for 'paupers and lunatics' and the efforts of the local parochial councils to mitigate to some extent the misery of the poor, limited by a shortage of money.*

Instead of ad-hoc arrangements in individual parishes, the Poor Law Act of 1845 legislated for a system of Parochial boards.

The first meeting of the Kilbride Parochial Board took place in Kilbride Parish Church on 21<sup>st</sup> October 1845.

### Membership

Rev Colin F Campbell (Chairman)

Daniel Black, Matthew McBride, Alex McKinnon, John Fullarton (Elders)

Daniel McNish (Deacon)

Its first task was to create a *List of the Poor* in Kilbride Parish, and to detail the allowances granted to them for the Quarter ending 1 January 1846. There were 51 names on the list, including 13 widows, and payments from 4/- to 9/- were granted. Total outlay was £14/2.

This money would have been derived from church collections, voluntary contributions and other sources.

John Fullarton, who was a teacher at Whiting Bay, was appointed *Inspector of the Poor* at an annual salary of £10.

### 28 October 1845

John Paterson, Factor, was nominated for membership by the Duke of Hamilton. The Board decided that its funds would continue to be raised by church collections and voluntary contributions, and that it would not exercise its new right to assess and levy a poor rate on householders.

Mr Paterson notified the Duke's pensioners – 38, including 12 widows, who received annual pensions ranging from 15/- to £15.

### 3 December 1846

Total funds available were £130/3. The meeting proceeded to 'purge' the Poor Roll, and to fix allowances for the next quarter. The 51 names remaining received £15/7.

Additional expenditure included:-

|                                  |       |
|----------------------------------|-------|
| Spade and shovel for churchyard: | 7/6d. |
| Beadle's annual allowance:       | £3    |
| Precentor's salary:              | £2/10 |

#### **Income included**

|                              |       |
|------------------------------|-------|
| Church collections:          | £7/12 |
| Proclamation of Banns money: | £1    |

19 May 1846

Expenditure included-

Coffin for Neil McMillan 9/-, Shroud 3/6d, Acqua<sup>1</sup> 5/-

Coals, brushes and dustpan for Church at Brodick – 11/10d.

9 February 1847

Straw for thatch of house of Margaret Shaw, Kingscross

15 February 1848

Possibly as a result of a particularly severe winter and/or potato blight, which affected the west of Scotland as well as Ireland, the Board introduced oatmeal allowances for 62 paupers, in addition to their cash payments.

The accounts were declared 'deficient' by 9/1d.

16 May 1848

Quarterly Income - £35/9/1d

Disbursed - £35/9/1d

At this point the Board reluctantly accepted the fact it could not support the increasing number on the Poor Roll without introducing a Poor Rate on householders. Mr Paterson carried out the necessary assessments and would collect the 'voluntary' contributions. The effects were immediate.

20 November 1848

|                                        |               |
|----------------------------------------|---------------|
| Collections and Proclamations:         | £22/1         |
| Voluntary assessments via Mr Paterson: | <u>£64/18</u> |
| Total                                  | £86/19        |

With 83 paupers now on the Roll, £86/19 was disbursed.

7 August 1849

The difficulty of collecting voluntary assessments forced the Board to seek permission to set a compulsory *Poor Rate*, based on ownership and occupancy. The rate was set at 2/- in the £ of assessed rental, to be split equally between heritors (landlords) and tenants.

Mr Hugh Orr W.S. of Saltcoats was appointed Assessor and Collector of Poor Rates, at a salary of £25 per annum.

The following additional information provides a background to daily life in relation to the help given (or withheld) to the poor via the Kilbride Parochial Council.

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<sup>1</sup> Iain thought Acqua might be whisky - Ed

The ten-yearly Census supplies a picture of life, for example, of Anne Mary Macmillan born 1821.

|             |                                                               |
|-------------|---------------------------------------------------------------|
| 1844        | Married                                                       |
| 1851 census | no family                                                     |
| 1861 census | 5 children                                                    |
| 1871 census | 7 children                                                    |
| 1881 census | aged 60                                                       |
| 1882        | Died of old age/exhaustion, aged 61; certified by Dr Jamieson |

May 1887     Inspector instructed by the Board to get Henry Hennay sent to an Industrial School as he appeared to be a wild unmanageable boy.

Aug 1887     A continuing effort by an Inspector who called on Mrs Kelso, Merchant, Lamlash to contribute towards her daughter's support in the Asylum, to pay £2 per quarter. Mrs Kelso refused to pay more than £1 per quarter. The Inspector was told to summon her to the Small Debt Court in Brodick. Outcome unknown.

Nov 1887     The Board granted James Stirling, Lamlash, relief from contributing £1 per quarter to support his daughter in the Asylum as he is now old and frail and unable to do a full day's work in winter.

### **The Board had many complaints to be resolved.**

Two old boats at the mouth of the Ashdale Burn gave harbourage to hawkers and tramps whose orgies were a source of annoyance to the whole district. The Council laid these facts before the Hamilton Trustees and asked them to 'cause the boats to be removed'.

### **Outbreaks of infectious diseases**

Scarlet Fever occurred in the family of the Postmistress in Whiting Bay. Services of Post and Telegraph were moved elsewhere, business to be carried in by one person with no contact with the Postmistress's house. The Postmaster's dog which roamed the area was relocated to avoid spread of the infection.

Outbreak of Diptheria. All the children who had the disease were in Miss Currie's classroom, a small room with fifty scholars on the roll. There were three deaths.

## **Problems of monetary nature**

1885 (a) The Chief Constable of Bute claimed payment due to the medical attendances on a woman who gave birth on the market ground on Brodick Fair Day. Request refused for lack of evidence on husband's ability to pay.

(b) Payment of annual rent to William McIntosh, Millhill of £2/10 for bed for casual poor or other Parish business was approved.

(c) All lunatic paupers boarded on the Island to be granted winter clothing.

(d) Archibald Robertson and his wife to give up annoying their neighbours or else their outdoor relief will be withdrawn and alternative relief offered to the Poorhouse.

May 1895: William Tod to audit the Board's books and provide a list of the Poor and their allowances for circulation among the ratepayers.

Feb 1899: Plebiscite of ratepayers at Brodick Courthouse on upkeep of roads by the Parish Council; suggested levy of 1d in £1, half owners/half tenants. YES/NO

May 1899: Majority of ratepayers opposed. No action.

Nov 1899: Letter from Mr William Quarrier accepting three boys of the late Thomas Pringle into his home; three girls to go to a Home for Girls in Partick.

The Inspector brought to the notice of the Council the number of children sent annually from the mainland to board on the island.

## **1895 Kilbride Parish Council**

At its first statutory meeting it expressed deep regret at the death of the Duke of Hamilton. His interests included:-

Agriculture on the island; he subscribed to the Arran Farmers' Society and attended the Annual Show.

Improved the breed of horses.

Established a fine herd of Highland cattle at Dougarie.

In times of depression he reduced farmers' rates.

Built piers at Brodick, Lamlash, Lochranza.

Donated prizes at the Highland Games.

Built schools in Brodick, Corrie, Auchengillan.

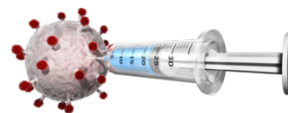
Regretted decay of Gaelic on the Island and instituted prizes for Gaelic in schools.

Granted sites for churches and halls.

Encouraged summer visitors in order to improve island prosperity.

*With grateful thanks to Margaret Auld for sharing Iain's excellent notes and also to Morag Campbell for taking the time to compile this Poor Relief article from Iain's research -Ed*





*Dr Ruth M. Bancewicz, is Church Engagement Director at The Faraday Institute for Science and Religion in Cambridge.*

*Ruth writes on the positive relationship between Science and Christian faith.*

### **A Scientist Reflects on God's Heart for the Suffering**

It's difficult as a scientist to hear information that is fascinating, but which also involves so much suffering for other people. I worked for a time in a leukaemia research lab. We had to let other people's pain drive our research without it crippling our ability to concentrate on our work. But, writing this under lockdown, I have found myself – as a biologically-educated bystander – avoiding looking into the science of COVID-19 because the reminders of its impact on people's lives are everywhere that I look.

One of the ways I have been managing my own feelings during the pandemic is by digging deeper into what God has revealed to us about His character, letting that fuel my faith, my prayers, and my actions. For more academic types like myself, study – particularly of the Bible – can be one of the primary ways we connect with God and hear from Him. It's not wrong to be comforted by books, so long as the contents turn our eyes upwards and outwards.

First of all, God hears: "The Lord is close to the broken-hearted" (Psalm 34:18a). In Jesus God took on human form, and He showed us His heart for the world. When His friend Lazarus died, He wept (John 11). God is "the Father of compassion and the God of all comfort" (2 Corinthians 1:3).

Human sin has affected the whole of creation, and I believe this is largely the direct impact of our mismanagement of creation and mistreatment of each other. COVID-19 may well be another animal's friendly virus, pushed by human activity into causing havoc in bodies where it doesn't belong.

But God's world remains good. It is still fruitful, praising Him, as Psalm 19 describes. Even pictures of a deadly virus can seem beautiful – especially to a biologist! These good things are hints of the promised "new heavens and new earth" mentioned in the New Testament. One day "creation itself will be liberated from its bondage to decay" (Romans 8: 21), and for everyone who follows God, "He will wipe every tear from their eyes" (Revelation 21: 4).

Behind the debates about suffering is sometimes the assumption that God doesn't care. My experience is that God does care deeply, and He invites His Church to care for those around them – especially the most vulnerable. He is with us, He hears us and grieves with us, He helps us and promises a better future.

An absolutely fascinating article written by Jim Henderson.  
Although Flora Gibson had no connection with the Kirk or Lamlash,  
she was educated on Arran having spent most of her  
younger years in Pirnmill until the age of 14 - Ed.

### The General August 1878 - January 1949

Flora McKinnon Gibson was born on the 4<sup>th</sup> August 1878 in Manchester to Sarah Cook of Pirnmill Arran, who married Francis Gibson a tailor. They travelled south seeking employment. Events dictated that his employment failed due to trade problems and his Jewish employers around 1878/79.

Lack of funds instigated them in returning to Sarah's home in Pirnmill. Flora was educated in Arran until the age of 14, when she moved to Glasgow to train at a civil service school, where she qualified as a post mistress. However, fate dealt her an awful blow, despite her newfound qualifications she failed to meet the minimum height required by one inch and she was denied in taking up her chosen career in the post office.

Later, she gained further qualifications in shorthand and typing and attended lectures on economics at the university. Her resentment at being refused a position as a post-mistress, because of her height, never left her and established her political views with regard to the discrimination of women.

As a young woman she was a keen athlete and began to show qualities of leadership. Flora met and married Joseph Percival Drummond on the 26<sup>th</sup> September 1898. Jo was an upholsterer by trade who originated from Manchester, they returned to the City of her birth where they set up home. Both of them became involved in the Independent Labour party and the Fabian Society. During this period Flora accepted a number of short-term positions, which expanded her understanding of the conditions experienced by the local woman work force. This reinforced her political view about how woman in general were low-paid and treated. Fate again dealt her a problem when Joseph became unemployed due to a severe drop in his trade and she found herself being the main source of income. At this time Flora was a manager in the Oliver Typewriter factory.

In October 1905 when attending a meeting held in Stevenson Square by the WSPU (Women's Social and Political Union) organised to protest at the imprisonment of Christabel Pankhurst and Annie Kenney, members of the ILP who were arrested for interrupting a local Liberal rally. A few months later in early 1906, Flora joined the WSPU and moved to London, quickly becoming part of its leadership, because Flora was an inspiring orator and gained a reputation for being able to control hecklers, despite her lack of height.



Flora led women's rights marches wearing military style outfits riding a large horse, which inspired her nickname of 'the General'. By the end of 1906 following arrest at the 'House of Commons' she spent her first spell in Holloway prison.

In October 1908 she was the main organiser of the Trafalgar Square rally, which led to a further three-month spell in Holloway accompanied by both of the Pankhursts for inciting interruptions in the House of Commons.

At this time Flora was in the early stages of pregnancy, later moved to the prison hospital wing, where her son was born and she named him 'Keir Hardie Drummond' Flora was released early for health reasons, when she fainted.

In October 1909 she organised the first suffragette procession in Edinburgh as a direct response to critical comments about Votes for Woman, thousands turned out on the streets of Edinburgh to watch the parade, which was considered a success by the Edinburgh Evening Despatch.

In May 1914, just 3 months before the First World War was declared, Flora and Norah Dacre Fox lay siege to the homes of Lord Carson and Lord Landsdowne, both prominent Ulster MPs who were directly involved against the Home Rule Bill of Ulster, which led to another court appearance. They were sentenced to imprisonment in Holloway and began a hunger strike, enduring a period of force feeding.

During her time as a suffragette, Flora was incarcerated in prison on at least nine occasions, sometimes carrying out hunger strikes to promote their cause. This action began to have an effect on her well-being and she returned to the Arran family home for the summer to recover her health. After the outbreak of War on the 28<sup>th</sup> July, she returned to London, concentrating on administration and public speaking to avoid further arrests at demonstrations.

By 1918 women over the age of 30 were given the right to vote. In 1919 Joseph Drummond decided to leave Flora and immigrated to Australia. They were divorced in 1922 and later in the same year she married a cousin named Alan Simpson, but kept the Drummond name for political and business reasons.

By 1926 Flora was instrumental in organising the Great Prosperity March against the country unrest predating the General Strike.

In 1928 she was a pallbearer at the funeral of Emmaline Pankhurst. The same year legislation that all women over the age of 21 were given the right to vote and stand for parliament election. In 1930 another milestone was achieved when Flora founded the Women's Guild of Empire, a right-wing group opposed to communism and fascism.

Flora lost her husband, Alan Simpson, in 1944 when their home was razed to the ground in the London Blitz. This action instigated a move returning to Scotland to live near relatives at Duncannog, Carradale, Kintyre, almost opposite her childhood home in Pirnmill, Arran.

Five years later on the 7<sup>th</sup> January 1949, while she was in the process of building a new home at Carradale, she suffered a stroke and died at the age of 70.

Flora was buried in Brackley graveyard, Carradale plot no 707 in field no 8 and in the year 2000 locals collected funds to mark her grave with a stone inscribed

'The Suffragette General'

Re-written from previous research of May 2014 by Jim Henderson.



Photos sourced courtesy of Wikipedia ©

## The Journey by Morag Campbell



Doris and her husband, John, had planned a final visit to their favourite resort of Weggis on Lake Lucerne. They loved Switzerland but now in their seventies found struggling through airports very stressful.

Doris had as usual booked their flights and accommodation, collected Swiss currency from the bank, checked passports. She was dumbfounded when John announced a week before departure,

"Sorry, old thing. Need to cancel Weggis – I got my dates confused. I'm due to team up with my golfing buddies for our annual fling in Spain."

"I don't want to go to Spain," Doris objected.

"No, darling. It's chaps only."

After a frosty silence Doris said "I'm still going to Switzerland," in a tone defying contradiction. John nodded uncertainly but said nothing.

So she was now in their local airport, apprehensive but determined for she had an additional reason for going. Her eyes filled with tears as she thought of her nephew and his companion, lost on the treacherous slopes of the Eiger mountain a month ago.

Doris needed to ascertain the facts. John dismissed her concern.

"They are dead – just accept it."

The proposed journey was well known to her – flight to Schipol Airport (Amsterdam), flight to Zurich (Switzerland), train to Lucerne. Instead of taking the lake steamer to Weggis, she planned to take the train from Lucerne to Interlaken and book into a hotel there, a roundabout route but mostly familiar.

Her flight was called and she found herself sitting next to an elderly lady, nervous of travelling alone and also heading for Interlaken.

"Young people do this all the time but I'm 83."

Doris laughed, "I'm only 77! We'll help each other." With similar forethought they had flight bags as their only luggage, no heavy cases to impede them. They settled comfortably to enjoy their journey together.

The train from Zurich was busy but they secured seats at a table for four, joined by two men. One asked if he might sit with them, the other introduced himself as Swiss but "speaking excellent English."

Doris watched the passing scene, unfortunately limited by slashing rain and low cloud.

"Just like home," her companion remarked and the ladies buried themselves in their books while the men slept.

Suddenly a squeal of brakes, the train grinding to a stop and an announcement on the intercom in German. The Swiss gentleman translated.

"There is a landslip ahead, blocking the line. It will be cleared but may take about two hours."

The four travellers chatted about past experiences until it was proposed they should introduce themselves.

"I'm Mark, a Street Pastor from Inverness"

"And I'm William from Geneva but working in London as a forensic pathologist," and he shook hands all round.

"I guess you ladies are going on holiday," Mark suggested.

"Oh no," they chorused. We've only just met – Alice from Berwick and Doris from Glasgow."

Doris began unfolding a newspaper cutting containing an article about the two Eiger climbers, feeling compelled to share her grief with these friendly strangers. She pointed to a grainy photograph of her nephew.

"I'm going to Interlaken to try and find out the facts – we only know the two men are missing, presumed dead."

Tears overflowed. Alice meantime sat openmouthed.

"That is my grandson," pointing to the second image. "I'm going to Interlaken for the same reason. What a chance meeting. I can hardly take it in."

"There is a further coincidence." William intervened. "I've been asked to help. Let me explain." He produced a sharp photo of the ropes attached by knots to several pitons hammered into the dense compacted snow. "The end of the rope from a crevasse was severed cleanly, the other end has been sawn through as if with a blunt knife."

"What is the significance?"

"Let me first ask you. Did either of the men have new equipment, including a sharp knife?"

Doris nodded. I offered to buy him gear advertised on ebay but he rejected my offer – no worn equipment on the mountains. I'm sure he would have had a sharp knife."

"Gareth, my grandson had a favourite knife – so I suppose it had been much used." Alice shook her head sadly.

Mark leaned forward. "Don't hold back William. The ladies now know the worst. They need to hear it all."

William spoke rapidly. "The climbers were roped together. As they crossed the crevasse hidden by a snow bridge it gave way. One fell into the ..er, hole. And, brave man that he was, he severed the rope when he must have realised rescue was hopeless, leaving the other man free to save himself. Death would have been instantaneous when he fell into the depth of the crevasse. I salute him".

"That must have been Angus, my nephew," Doris sobbed.

They all sat in silence, Mark's head bowed as if in prayer.

William continued. "A body has been found in the basement of the Eiger," (his English beginning to desert him) "and I have been needed to help prove him." He took a deep breath before going on. "An avalanche carried the other climber over a rocky terrain and his face was not to be recognised. I'm sorry. But if you are a close relative, Alice, then we can check his DNA which will help to identify him."

The rattle of the refreshments trolley was a welcome diversion to let heightened emotions settle and allow all four to contemplate the past hour in their own way. They all opted for coffee and almond biscuits and began hunting for money but William insisted on paying. However, the attendant declined. In a volley of German he told William that Swiss Rail would pay and the delay would only be half an hour longer, news passed on.

They exchanged addresses, William would arrange for Alice's DNA test if necessary and translated for them if they wished to speak to the mountain police in Interlaken.

Doris said "Well! That was some journey – so fortunate with our chance encounters; meeting, you, Alice and ... so many coincidences and fortuitous happenings."

Mark quietly asked them. "Do you believe in God?"

They all looked taken aback. Doris said "Well, I go to church every Sunday."

"That's not quite the same thing. Do you believe?"

She considered, "I think I do. I do when things are going well, or when I need to pray. I feel much closer today."

Alice mused, "I've never been asked that before. My church friends carry me along with them but I don't give it the attention I ought. This has been a voyage of discovery which I'll remember and cherish."

"And you, William. What are your thoughts?"

"As a doctor I can hardly fail to marvel at the human body, the wonder of its functions. I certainly don't believe some amoeba crawled out of the ocean and evolved into an intricate human form. Yes, there must be a God. I'd like to discuss this further with you, Mark. Meantime this journey will live in my mind for a very long time.

And you Mark? Do you believe in God?"

"I am in no doubt."

As the train resumed its journey, Mark commented on the current Theme of the church Guild, immediately recognised by the two ladies. He explained to William:

"One Journey – Many Roads. Companions on the Way" and all talking at once recalled their various chance meetings as complete strangers, the landslip delay giving them the time to exchange information, their acknowledging God's influence in their shared experience.

"One journey with such different roads all leading in the same direction."

William said in a choked voice.

"And unforgettable companions on the way."



### Sudoku (Easy)

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 2 |   |   |   | 6 |   | 8 | 4 | 1 |
|   | 4 | 1 |   |   | 3 |   |   |   |
|   |   |   | 8 |   |   |   | 5 |   |
|   |   | 5 | 9 |   |   | 6 | 8 |   |
|   | 7 |   | 3 | 2 | 4 |   | 1 |   |
|   | 1 | 4 |   |   | 6 | 3 |   |   |
|   | 3 |   |   |   | 5 |   |   |   |
|   |   |   | 1 |   |   | 4 | 9 |   |
| 1 | 9 | 6 |   | 7 |   |   |   | 2 |

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### Sudoku (Medium)

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 1 | 5 |   |   |   |   |   |   |   |
|   |   |   |   |   | 6 | 4 |   |   |
|   | 3 | 6 |   | 2 | 9 | 1 |   |   |
|   | 7 |   |   | 1 | 2 |   |   |   |
| 8 | 9 |   |   |   |   |   | 4 | 1 |
|   |   |   | 3 | 9 |   |   | 2 |   |
|   |   | 7 | 9 | 4 |   | 2 | 3 |   |
|   |   | 5 | 7 |   |   |   |   |   |
|   |   |   |   |   |   |   | 8 | 6 |

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#### What it says on the sign

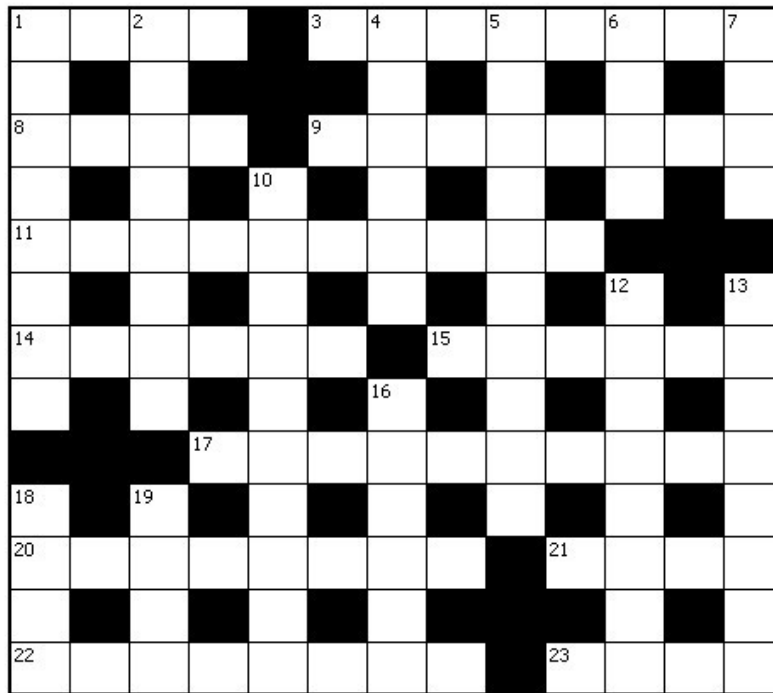
On a maternity room door: "Push. Push. Push."

At an optometrist's office: "If you don't see what you're looking for, you've come to the right place."

In a veterinarian's waiting room: "Be back in five minutes. Sit! Stay!"



## Crossword Puzzle



### CLUES Across

- 1 See 23 Across
- 3 Where the thief on the cross was told he would be, with Jesus (Luke 23:43) (8)
- 8 Invalid (4)
- 9 Blasphemed (Ezekiel 36:20) (8)
- 11 Adhering to the letter of the law rather than its spirit (Philippians 3:6) (10)
- 14 Shut (Ecclesiastes 12:4) (6)
- 15 'This is how it will be with anyone who — up things for himself but is not rich towards God' (Luke 12:21) (6)
- 17 Mary on Isis (anag.) (10)
- 20 Agreement (Hebrews 9:15) (8)
- 21 Native of, say, Bangkok (4)
- 22 Deaf fort (anag.) (5-3)
- 23 and 1 Across 'The Lord God took the man and put him in the Garden of — to work it and take — of it' (Genesis 2:15) (4,4)

### CLUES Down

- 1 Struggle between opposing forces (Habakkuk 1:3) (8)
- 2 James defined this as 'looking after orphans and widows in their distress and keeping oneself from being polluted by the world' (James 1:27) (8)
- 4 'The one I kiss is the man; — him' (Matthew 26:48) (6)
- 5 'Be joyful in hope, patient in — , faithful in prayer' (Romans 12:12) (10)
- 6 St Columba's burial place (4)
- 7 Swirling current of water (4)
- 10 Loyalty (Isaiah 19:18) (10)
- 12 'God was pleased through the foolishness of what was — , to save those who believe' (1 Corinthians 1:21) (8)
- 13 Camp where the angel of the Lord slew 185,000 men one night (2 Kings 19:35) (8)
- 16 'There is still — — — Jonathan; he is crippled in both feet' (2 Samuel 9:3) (1,3,2)
- 18 David Livingstone was one (4)
- 19 Driver and Vehicle Licensing Authority (1,1,1,1)

## Arran Churches Together Foodbank

Although North Ayrshire Council is providing weekly food boxes to families who normally receive free school meals, there is an increasing demand on the ACT Foodbank. Everything goes quickly, so all donations are most gratefully received. Tinned meat and tinned vegetables are topped up most often.

In April 2019 the items used from the Foodbank was 789.

In April 2020 the items used increased to 2,800.

In this period of Lockdown and with Lamlash church closed, how can you donate?

Those shopping in Brodick Co-op, there is a collection basket for donations.

If you are placing an on-line order, you can add an item to your list and it will be placed in the ACT Foodbank collection basket. Thank you for your support.

### Crossword

|   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| N | E | D | E |   | F | F | O | E | D | A | R | T |
| A |   | E |   |   |   | O | C |   | L |   |   | O |
| I | A | H | T |   | T | N | A | N | E | V | O | C |
| R |   | C |   | N |   | O | A |   | D |   |   | S |
| Y | R | A | N | O | I | S | S | I | M |   |   |   |
| S |   | E |   | I |   | A |   | G |   | N |   | T |
| S | E |   | R | O | S |   | D | E | S | O | C | L |
| A |   | P |   | C |   | T |   | L |   | I |   | I |
|   |   |   | C | I | T | I | S | L | A | G | E | L |
| Y |   | A |   | L |   | E |   | A |   | I |   | F |
| D |   |   | F | A | N |   | P | R | O | L | L | N |
| D |   |   | O |   | F | R |   |   | E |   |   | O |
| E | S | I | D | A | R | A | P |   | E | A | R | C |

“God can do anything but fail”

“Your circumstances don’t dictate your joy, your focus does”

### Sudoku (Easy)

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 1 | 9 | 6 | 4 | 7 | 8 | 5 | 3 | 2 |
| 5 | 8 | 7 | 1 | 3 | 2 | 4 | 9 | 6 |
| 4 | 3 | 2 | 6 | 9 | 5 | 1 | 7 | 8 |
| 9 | 1 | 4 | 5 | 8 | 6 | 3 | 2 | 7 |
| 6 | 7 | 8 | 3 | 2 | 4 | 9 | 1 | 5 |
| 3 | 2 | 5 | 9 | 1 | 7 | 6 | 8 | 4 |
| 7 | 6 | 9 | 8 | 4 | 1 | 2 | 5 | 3 |
| 8 | 4 | 1 | 2 | 5 | 3 | 7 | 6 | 9 |
| 2 | 5 | 3 | 7 | 6 | 9 | 8 | 4 | 1 |

Does God love everyone?  
Yes, but He prefers  
‘fruits of the spirit’ to  
‘religious nuts’.

What time of day was Adam created?  
Just a little before Eve.

### Sudoku (Medium)

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 9 | 4 | 3 | 2 | 5 | 1 | 7 | 8 | 6 |
| 2 | 8 | 5 | 7 | 6 | 3 | 9 | 1 | 4 |
| 6 | 1 | 7 | 9 | 4 | 8 | 2 | 3 | 5 |
| 5 | 6 | 1 | 3 | 9 | 4 | 8 | 2 | 7 |
| 8 | 9 | 2 | 6 | 7 | 5 | 3 | 4 | 1 |
| 3 | 7 | 4 | 8 | 1 | 2 | 5 | 6 | 9 |
| 4 | 3 | 6 | 5 | 2 | 9 | 1 | 7 | 8 |
| 7 | 2 | 9 | 1 | 8 | 6 | 4 | 5 | 3 |
| 1 | 5 | 8 | 4 | 3 | 7 | 6 | 9 | 2 |

What kind of man was Boaz before he married Ruth?  
Absolutely ruthless.

Why didn’t Noah ever go fishing?  
He only had two worms.

## Editor's Note

As well as eating and making miles of bias binding tape for facemasks, I've enjoyed talking with people over the last few weeks. A very Happy 96<sup>th</sup> Birthday to Peter Mackenzie on the 23<sup>rd</sup> of May! In this Newsletter you'll find hyperlinks to websites, sharing information and ideas. There is some cracking support available and all at your fingertips. Use of the internet is all very well but, on occasions, it's testing some IT skills to the limit. Few had even heard of "Zoom" (the facility to host virtual meetings with multiple screens) before this lockdown. Conscious that some folks aren't able to access the internet, Lamlash Church has decided to print and distribute this Newsletter with the help of ACVS and a number of volunteers.



I've been a HUGE fan of [www.sanctuaryfirst.org.uk](http://www.sanctuaryfirst.org.uk) for years. I know others in our congregation tap into this resource when they have been unable to get to church.

Rev Albert Bogle and a marvellous team of people have been working so hard to create content and offer this wonderful on-line facility. You'll find daily prayers and readings – they can even be sent automatically by e mail to your in box! They host a super service at 3pm on a Sunday with contributions from all round the world and led from Scotland.



Whilst in search of something else, I stumbled upon this wonderful video.

## Are You Lonely Granny Bear

This is a short, illustrated story from Sanctuary First of a little bear. Written by Alec Shuttleworth and Illustrated by Edward Steel, the story shows the touching perspective of the coronavirus lockdown through the eyes of a young little bear unable to visit and see his Granny. <https://www.sanctuaryfirst.org.uk/video/watch/are-you-lonely-granny-bear>

My grateful thanks go to ALL my contributors who took the time and trouble to submit articles, drawings or recipes for inclusion. It's certainly an eclectic mix and I hope you will find something of interest to you. Sadly, it's a year since Iain Auld passed away and our thoughts go out to Margaret at this time. I'm glad that, with the help of Morag Campbell, Iain's research features in this magazine. Please forgive any typos and if any articles don't chime with you - just quickly flick over to the next page! ☺

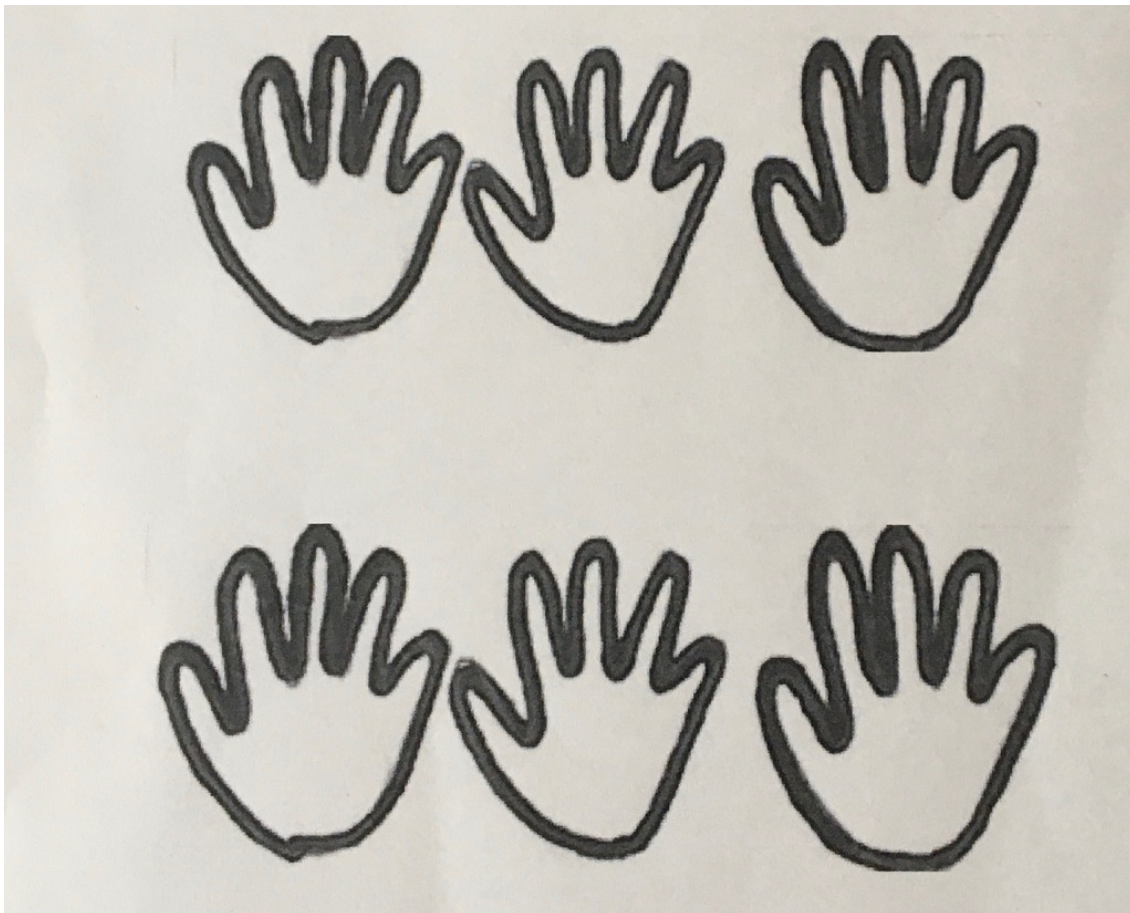


Stay safe and well. Hopefully it won't be too long before you'll hear our bells ringing out to call you back to worship in Lamlash! *Alison*

Draw a picture of someone who helps you.  
Cut out the picture and put it next to your bed  
or on a mirror that you look at every day this week.  
Every day you look at the picture,  
say thank you to God for that person.

### Helping Hands!

Every time you do something to help someone this week,  
colour in one of the hands!



*Lamlash church at the heart of the community  
With the community at its heart.*



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